

**- Book review -**

**The Prostatitis Manual by J. Curtis Nickel**  
**Bladon Medical Publishing (2002)**  
**ISBN: 1-904218-08-3**

'A practical guide to management of prostatitis / chronic pelvic pain syndrome' 116 pages.

Available via [amazon.co.uk](http://amazon.co.uk) £24.95, Please use our link to purchase on [page 2](#).

**Forward:**

**This** is a book review by the BPSA Secretary (**Alan Cocks**) on the above mentioned book, originally published on our yahoo hosted discussion group. It has been compiled and edited by us into this PDF document for easier off-line reading and FREE distribution to interested parties. Alan has been around the Prostatitis Scene for many years and has a wealth of experience on the disease and is one of the founding members of the organisation.

**Review:**

**The** book is intended to meet the need for a clinical manual on prostatitis presenting practical data and information the physician needs to diagnose and treat prostatitis patients - including students. It also provides a roadmap to novel therapies to the experienced clinician for treatment and management of their most difficult patients.

**The** problems of prostatitis are set out. Patients will take some comfort in recognising themselves in this landmark publication aimed at the medical profession. Experienced physicians may also take similar comfort, and students will embark into their profession with a clear, succinct, and very readable manual.

**In** the setting of the last 100 years, the last 5 years are highlighted, and trials currently ongoing are commented upon and summarised. An objective look at what is and is not known about prostatitis is given.

**As** might be hoped from a serious medical book, facts and evidence are respected. However, where doubt exists, and it does in many areas covered, it is recognised. Successful researchers in these fields will be lauded by surprisingly large percentages of the population.

**The** graphical style of the book is excellent. It is intended to be. colour coding and key points are used to reinforce messages and highlight areas of controversy.

**In** certain (rare) forms of prostatitis, a cure can be expected. For the remainder of us, careful evaluation, management with an evidence based approach, and therapeutic strategy, is more useful.

**Details** of a clinical approach to treatment are suggested, allowing a practical strategy to be formulated. Those readers with medical knowledge will appreciate the details. Those without will feel comfortable that this has been set down so clearly.

**There** are 14 sides of (very small print) bibliography.

**There** is realism and an optimism in this book. It has been written for the medical profession who will undoubtedly benefit. Many patients will also be well motivated to make use of its insight and clarity. In doing so they will benefit from being able to take part in what will in future be a better informed treatment situation. They will also be better able to promote the need for research.

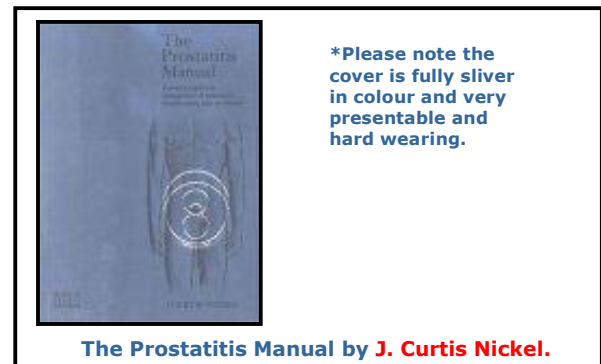
**This** is an excellent book. Dr Nickel has good reason to be proud of it.

**I** commend it to all interested persons, physicians and patients. In fact if patients want to further their cause, they could do worse than purchase two copies - and give one to their favourite physician!

**Alan Cocks UK**

**Contact:** [info@bps-assoc.org.uk](mailto:info@bps-assoc.org.uk)

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**We** highly recommend a copy of this book is purchased by every practising urologist in every urology department in the UK. All urology medical students read this book please - you are our future for which this book is the beginning.

**J. Curtis Nickel MD** is a highly respected Urologist in the field of Chronic Prostatitis / Chronic Pelvic Pain Syndrome.

**Please continue to the next page  
where more information is  
available.**

For more information and to purchase **please follow this link:**

<http://www.amazon.co.uk/exec/obidos/ASIN/1904218083/britishprosta-21>

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## Interesting snippets!

Support your group pass this document on to your **Urologist or friends with CP/CPPS** who may benefit from this book!

The BPSA is an internet based, UK focused, organisation for information, support and campaigning related to the prostate disease of Prostatitis / Chronic Prostatitis / Chronic Pelvic Pain Syndrome. The BPSA is fully volunteer run through Internet communications.

**Please check out these web sites (click to launch your browser):**



\*Our information web site. Yahoo keyword: *Prostatitis*.

**\*Our main web site\***

<http://www.bps-assoc.org.uk/>



\*Our discussion forum web site. Yahoo keyword: *Prostatitis*.

**\*Join our Forum\***

<http://groups.yahoo.com/group/bps-assoc/>

<http://www.bps-assoc.org.uk/contact.htm>

*Note\* this is a web form for your convenience*

[info@bps-assoc.org.uk](mailto:info@bps-assoc.org.uk)

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